

Consultation Documentation Form
EMDR Basic Training Program
(The Institute for Creative Mindfulness)

Trainee's Name: _____

Date & Time	Group or Individual*	Consultant Name & Signature**

* Per EMDRIA guidelines, any combination of Individual Consultation and Group Consultation that meets the time guideline suggested above and provides a total of ten hours of consultation time for basic trainings.

** If consultation is completed over the phone or Skype, please have the consultant verify your completion of these hours via email or letter.